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"Guru Purnima Celebrations"

Discourse part 1 by Master Kumar Garu on Thursday, the 14th of July 2011, at Hyderabad, India.

(for private circulation to WTT members)

Hearty fraternal greetings to the Hyderabad brotherhood. Also greetings to all on the occasion of Guru Poornima.

In this time of the year, the weather in Hyderabad is very cool. So I hope its better we switch off the fans which are causing lot of noise in the hall. Now it is much better with so much silence all around.

Silence should be experienced both inside and outside. Now a day, there is lot of noise inside and outside. So calm and silence should be craved for. Silence in thought, silence in speech and silence in the outer should be experienced and we should always make an effort to experience that. In everyone's home there should be a room of silence and in everyone's heart there should a cave of silence. When our mind enters that cave, its noise automatically gets silenced. Even all our group livings should be carried out in silence and in the experience of silence.

Our life should be a Yagna (an act of sacrifice). If we lead such a life, the Yagna Purusha or Cosmic Person whom we call Vishnu stabilizes in our heart centre. So we should lead such a life of sacrifice in silence, we present ourselves with an opportunity for the descent of the Lord in to us. These group lives are such opportunities. There is a lot of effort put behind in making this group living possible. So after putting all such effort, this group living becomes fruitful only when we utilize the opportunity presented to us.

Our speech should be in such a manner that it should take into light and not into darkness. "May we speak the silence without breaking it." Only humans are given the ability to speak. We still do not know the greatness and utility of speech though we consider ourselves so advanced.

We should be able to present ourselves with silence in the presence of Lord or a Master. Only then it is possible to understand the presence of divine permeating in and out the whole creation. So we should

constantly make an effort to experience the presence of divine. Even switching off the fans is one such effort made by us.

When Lord Rama went to the forest, many people used to come to visit him which caused lot of disturbance to the Sages and Rishis. They were not able to experience the divine due to loss of silence. So they request Rama to go deep into the forest so that no disturbance is caused to them.

So I got a topic to speak on with the switching off of fans.

So "Let every event happen in the sweetness of silence." If the event happens in silence for all the 3 days, then we can take that silence into our life in future. How many days does that silence carry on is very important. The silence in our lives should be so dominating that our fellow beings should feel the difference in our speech and action.

The transformation begins with the change in our thoughts. It automatically reflects in our speech and action. That transformation is possible only when the divine descends in a person even by the slightest degree. As the divine descends more and more, the transformation is more and more. Divine descends into us only when we practice to see the divine around us.

So once divine starts descending into a person, he starts glowing and there would be huge transformations in his thought, speech and action. The glow in a person has nothing to do with his physical colour. That glow automatically comes with the presence of divine and divine virtues.

Virtues cannot be practiced. Virtues automatically accumulate around us when the divine presence increases. Everything falls in order with the presence of divine or Master.

A Master should always speak of the divine. Only then he can be called a Master. The speech of a Master should be like a flow of current in an electric wire. A Master should be able to introduce a disciple to the divine present in the disciple himself and also in everyone around him.

So every Gurupuja is an opportunity for us. What is that opportunity? It is to bring the akasa (space or ether) near us. The akasa is present in us in 7-fold. The first 3 layers are body, senses and mind. If these 3 are brought into order, then everything will be fine. This is possible by bringing the next higher akasa into picture. The 4th akasa is Buddhi. The next 3 are happiness, the being and the divine. The 4th one is always in alignment with the higher 3. So with the help of Buddhi the lower 3 can be brought in alignment with the higher 3.

Buddhi is the light glowing inside us. The scenes that we see in that light are so beautiful that we feel that there is nothing much more beautiful in this whole visible creation.

So 3 akasas are already within our reach. We have these group lives to bring these 3 into order and also stay in alignment with the 4 higher akasas. Once that alignment is formed, it is so attractive that one does not feel like living them. No one else knows how attractive and tasty that state of alignment is.

That is why it is said "Only a mason knows another mason. Only a Master knows another Master."

So for that alignment to happen, first we should recognize the presence of the 4 higher akasas.

Now we are in the month of Asahada (Cancer). In this month of Ashada the knowledge of what should we do to get to the alignment with the higher 4 akasas is presented to us. That is why Ashada is the 4th month of the year.

(Master is giving some astrological aspects of this month and coming months. Bit complex to translate.)

The body which is the first akasa should be utilized to the best. It should be taken care of very well. A horse should be well taken care of for you to ride on it. But that does not mean you feed it so much that it does not move when you sit on it. So care should be taken to the extent needed.

One who does not know how to behave with the persons lower to him does not know how to take care of his body. If you do not behave properly with your servant, then you cannot take proper care of your body. You cannot neglect the body and reach the divine. We have a responsibility towards our body. Only when we attend to it properly, the divine supports us. So everything is inter-linked.

We will continue tomorrow. I am concluding the discourse early because we have planned for the full moon meditation at 9 pm. I am thankful to you all for getting aligned with the topic of discourse in such a short time.

-Swasthi